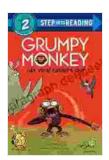
## **Grumpy Monkey Gets His Grumps Out: Step into Reading**

#### **About the Book**

Grumpy Monkey is a popular children's book series written by Suzanne Lang and illustrated by Max Lang. The first book in the series, *Grumpy Monkey*, was published in 2012 and has since been followed by several sequels and spin-offs.

The books follow the adventures of Jim Panzee, a grumpy monkey who is always finding himself in sticky situations. Jim is a lovable character, despite his grumpy nature, and his antics are sure to make readers chuckle.

In *Grumpy Monkey Gets His Grumps Out*, Jim is feeling particularly grumpy one day. He tries to cheer himself up by playing with his friends, but nothing seems to work. Finally, he decides to take a walk in the forest, where he meets a wise old owl. The owl tells Jim that he needs to learn to let his grumps out.



### **Grumpy Monkey Get Your Grumps Out (Step into**

**Reading)** by Suzanne Lang

★★★★★ 4.8 out of 5
Language : English
File size : 15917 KB
Print length : 32 pages
Screen Reader: Supported



Jim isn't sure what the owl means, but he decides to try it out. He starts by stomping his feet and yelling, and it actually makes him feel a little better. He continues to let his grumps out in different ways, and eventually, he starts to feel much happier.

#### **Educational Value**

Grumpy Monkey Gets His Grumps Out is a fun and entertaining book that also teaches children valuable lessons about emotional regulation. The book shows children that it's okay to feel grumpy sometimes, and that there are healthy ways to deal with those feelings.

The book also teaches children about the importance of friendship. Jim's friends are always there for him, even when he's being grumpy. They help him to see the positive side of things and to cheer him up.

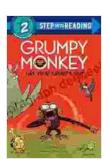
#### **Activities**

There are several activities that you can do with your child after reading *Grumpy Monkey Gets His Grumps Out*. Here are a few ideas:

- Talk about emotions. Ask your child how they are feeling and why.
  Help them to identify different emotions and to understand how to deal with them in a healthy way.
- Play a game of "Grumpy Monkey." Have your child pretend to be Grumpy Monkey and act out different ways to let their grumps out.
- Make a "Grump Jar." Have your child decorate a jar with a picture of Grumpy Monkey on it. Then, have them write down all of the things that make them grumpy and put them in the jar. When they're feeling grumpy, they can take out a piece of paper and read it to themselves.

• Read other books in the Grumpy Monkey series. There are several other Grumpy Monkey books available, including Grumpy Monkey, Grumpy Cake, and Grumpy Monkey, Silly Pants.

Grumpy Monkey Gets His Grumps Out is a charming and educational book that children of all ages will enjoy. The book teaches children valuable lessons about emotional regulation, friendship, and the importance of letting their grumps out.



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