Help Your Dragon Break His Tech Addiction: A Cute Children's Story to Teach Kids About Digital Wellness



Limit Your Dragon's Screen Time: Help Your Dragon
Break His Tech Addiction. A Cute Children Story to
Teach Kids to Balance Life and Technology. (My Dragon
Books Book 30) by Steve Herman

★★★★★ 4.7 out of 5
Language : English
File size : 13156 KB
Print length : 16 pages
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Paperback : 160 pages
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Reading age : 9 - 12 years

Grade level : 4 - 8



In a cozy little village nestled amidst rolling hills, there lived a young dragon named Sparky. Unlike the fierce and fire-breathing dragons of legend, Sparky was a gentle and imaginative creature. But like many children today, Sparky had a secret addiction: technology.

From the moment he woke up until the stars twinkled in the night sky, Sparky's eyes were glued to his dragon-sized tablet. He scrolled through endless streams of videos, played games that made him roar with laughter, and even had virtual tea parties with dragons from distant lands. At first, Sparky's parents were delighted to see their little dragon so engrossed in his device. It kept him entertained, quiet, and out of trouble. But as days turned into weeks, they began to notice a change in their beloved son.

Sparky's once-bright eyes grew dull and tired. He spent less time playing with his friends, reading books, or exploring the wonders of the forest. His appetite dwindled, and he often forgot to brush his teeth. Most concerning of all, Sparky's imagination, once so vivid and boundless, seemed to be fading away.

Sparky's parents knew they had to do something. They tried setting limits on his screen time, but Sparky would sneak his tablet into his room at night and stay up until the wee hours, his eyes fixed on the glowing screen.

One day, as Sparky was mindlessly scrolling through his tablet, his parents decided to take a different approach. They gathered him in their arms and told him a story, a story about a young dragon named Sparky who was addicted to technology.

In the story, Sparky's parents were worried about him just like Sparky's parents were worried about him. They tried to limit his screen time, but he would sneak his tablet into his room at night just like Sparky did.

But in the story, Sparky's parents had a secret weapon: a magic book. The book contained all kinds of wonderful stories, games, and activities that Sparky could do without using technology. They showed Sparky the book and encouraged him to try it.

At first, Sparky was hesitant. He didn't think he would enjoy anything as much as his tablet. But to his surprise, he loved the book! He spent hours reading, playing games, and creating his own stories.

As Sparky spent more time with the book, he began to realize that there was more to life than technology. He rediscovered his love of playing with his friends, exploring the forest, and using his imagination.

Sparky's parents were overjoyed. They were so happy to see their little dragon back to his old self, full of life and imagination.

From that day on, Sparky only used his tablet for a limited amount of time each day. He spent the rest of his time ng the things he loved, like playing with his friends, reading books, and exploring the forest.

And Sparky's parents? They learned the importance of setting limits on screen time and providing their child with other engaging and imaginative activities. They knew that raising a healthy and happy dragon meant fostering a balance between technology and real-world experiences.

So, if you have a child who is struggling with tech addiction, don't despair. Help them break their addiction by following these tips:

- Set limits on screen time and stick to them.
- Provide your child with other engaging and imaginative activities, such as books, games, and outdoor play.
- Talk to your child about the importance of digital wellness and how too much screen time can affect their health and well-being.

- Be patient and understanding. It takes time to break an addiction.
- Most importantly, love your child and support them every step of the way.

With love, patience, and a little bit of creativity, you can help your child break their tech addiction and live a healthy and happy life.



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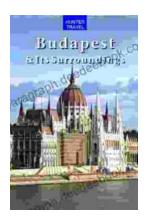
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